



the Barefoot

Tattler



1979-2020
41
YEARS OF
EXCELLENCE

Your South Mainland Monthly Newspaper • Serving Barefoot Bay and the Greater Micco Area

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To Our Readers and Advertisers

It is so heartwarming to hear the many inspiring stories of how members of our community are doing their part to support others through this unprecedented public health crisis. This issue is to highlight and recognize those in our community who have done so much for the heroes working on the front lines. We thank and appreciate our health care, grocery and all of those essential workers who have selflessly put themselves on the front lines for our needs! Many of our advertisers are open for business! Please keep checking our websites events page for new information on local businesses that are open for your patronage and the innovative new ways everyone is doing business.

We would like to hear from you. If you have a good news story or know of someone in our community who is helping others during this health crisis please let us know. Submit your information to us through our website at www.barefoottattler.com on the "Contact Us" page or email us at tattler@cfl.rr.com. The Barefoot Tattler is planning to resume normal operations as soon as possible with mailings of the print paper to our community.

RJ's Family Restaurant

Hello friends and neighbors, here at RJ's Family Restaurant we would like to give a quick update. First, thank you all so much for patronizing us, your local Barefoot restaurant. We had a lovely Easter day turnout, thanks to all our faithful friends and guests.

Our children are streaming in for their free hot dog lunches! Our thanks to the Barefoot Bay Organ and Keyboard club's treasurer Rose Daimler for food distribution.

Our hours are the same for now: Monday to Saturday, 9 a.m. to 7 p.m. for take-out, delivery or curbside pick-up. Please call to pre-order large orders at 772-664-4463.

RJ's Family Restaurant sends thanks to all of our kind Barefoot Bay supporters who have given generously: the New York Club, the Computer Club, Louise Crouse and the British Club, Arnie Redfern. Also thanks to Robert Schmidt for the ongoing free hot dog lunch to all the school children, Elaine Kiesberschot, Deb Ferguson, John Anderson, Roberta Gray, and Donnas Bevington.

See us on Facebook!

Thank You, Terri Wright and Rosemary Graham!

Terri Wright, along with the help of Rosemary Graham donating materials, have been making masks for health care workers and our residents here in the Bay. Terri's masks have gone to hospitals and health care facilities in Georgia, New York and New Jersey. They have also supplied our local health care workers at Pelican Landing. As of April 20th, Terri has made over 1,170 masks.

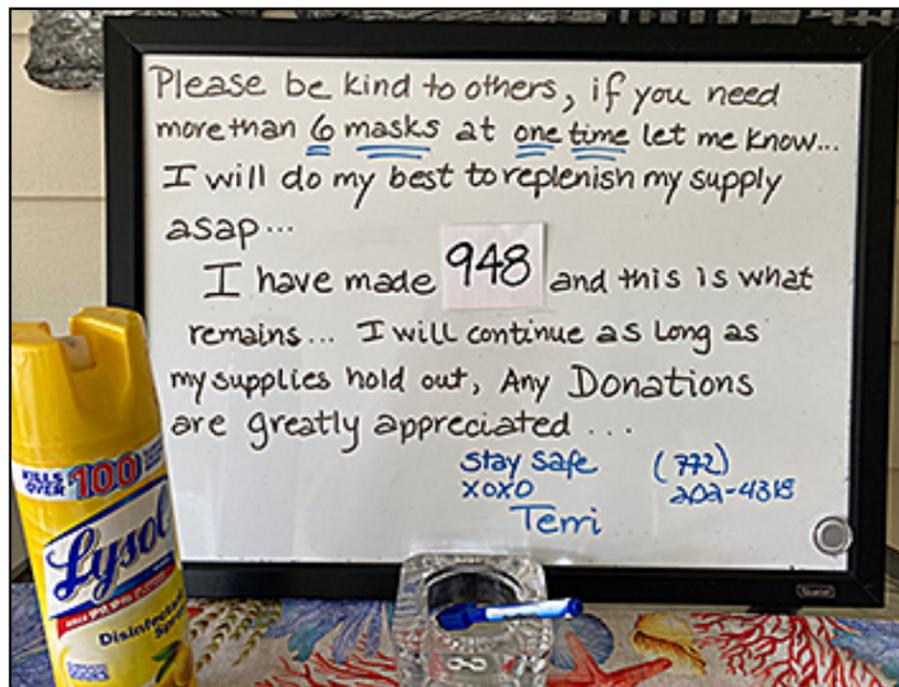
Terri does need your support. She is asking for material donations. If you are in need or know someone who is in need of a face mask, she has made them available to our community at 1211 Marigold Drive, Barefoot Bay. Terri and her husband Ace's daughter is Jenna Oberla, a nurse working in the COVID-19 unit in New York. Jenna is a wife, mother and a hero. Terri and Ace asks the we pray for them all!



Barefoot Bay Surgical Caps Used at Mortan Plant Hospital in Clearwater, Florida



Thanks to Cathy Miles, Sue Amos, Annmarie Willis and Deb Dalton for making surgical caps for the Mortan Plant Hospital in Clearwater, Florida.



Salvation Army Feeding Program During the COVID-19 Pandemic

Donate Boxes

The Salvation Army, offices located in Vero Beach, is working to feed all individuals and families that need assistance. They make and deliver hot meals and provide a food pantry in the north county and the south county areas. Hot meals are cooked and delivered once a week to those who are unable to pick up the meal.

The Food Pantry is open Tuesdays, Wednesdays, and Thursdays, 9 a.m. to noon and 1 p.m. to 3 p.m. Individuals and families that would like assistance are welcome to participate in this program. A box from the pantry may include a gallon of fresh milk, fresh vegetables and dry and canned goods, enough to last a family of four one week. Last week, the Pantry program served almost 1,000 families. The need is growing!

If you would like to donate boxes, approximately 2' x 2' x 2', or learn more about any of our programs, please call 772-978-0265.

The Salvation Army works with many agencies in Indian River County to identify those who may be in need of services.

Hello Neighbors! Long Time, No See!

We have been quarantined for approximately a month now, and the Bay seems to be abiding these restrictions with dignity. Just as the CVO was closing down for the quarantine, two women from the Bay came into the office, Linda C. Morrissey and Mary Miller. They wanted to do something to help the Community and thought they could start sewing face masks specifically for the Barefoot Bay residents, as so many of us fell into the vulnerable statistics of this virus. But they were in a quandary as to how to get the word out and still stay within the boundaries of the quarantine regulations. So we took responsibility for the communication and let these two “angels” do what they do best—they sewed! A blast went out on Facebook sites—Barefoot Bay Speaks Out, Barefoot Bay Community, Barefoot Bay Civic Volunteer Organization, and my own Facebook Page—and that brought in the orders.



This was back in mid-March. Since then, residents of the Bay have responded incredibly! What started out as two women trying their best has spread to include women who cannot sew, but are cutting patterns; women who cannot sew, but will iron the seams, thus allowing the women who volunteered to sew to do JUST that—SEW! It became an assembly line of women, but each working independently from their own homes. Now add all those that contributed material, elastic, and contributed cash to help purchase more material. Other women in the Bay also making masks joined up with Linda and Mary and contributed their masks to the long list of orders that were coming in. Once the masks were done, they were picked up and then organized into individual plastic bags with names and picked up at my home, sitting on a table in the driveway allowing for no contact to be made. Social distancing with a goal! Even Aging Matters received 100+ masks from the Sewing Angels of the Bay for the Meals on Wheels Program.

Now, I have dubbed ALL these women the “Sewing Angels of Barefoot Bay,” and although the heart of this group beats within Linda Morrissey and Mary Miller, there are so many more who have openly contributed. People have also left cash for purchase of more material, but as this need winds down, any extra money is planned to come back to Barefoot Bay to assist in whatever is needed next in the near future. So when you see someone walking thru Winn Dixie, Dollar Days or Holy Cannoli with a colorful mask, please know that a whole lot of love went into every bit of that endeavor by many, many women! The Angels just finished an order of 150 masks for Holmes Hospital personnel in Melbourne! We may be part of the aging group of society, but we still contribute with our time, energy and wisdom. Ladies, we salute you!

Elaine Van Berschot

Seven Nurses from Sebastian River Medical Center Volunteer to Support Sister Hospitals in Massachusetts

Seven nurses from Steward Health Care’s Sebastian River Medical Center volunteered to travel to Steward facilities in Massachusetts that are feeling the impact of COVID-19. Christine Flick, Jayne Barrett, Amanda Bermudez, Justine Rozmerski, Chris Heitzman, Jennifer Johnson and Jennifer Montanez arrived in Boston, Massachusetts on Tuesday, April 14, 2020 to assist their fellow healthcare workers during this unprecedented time. They are expected to be there for a few weeks.

“I commend this team of nurses for their passion to their profession and wanting to care for patients in these extreme circumstances,” said Ron Bierman, President, Sebastian River Medical Center. “I am proud of the Sebastian River Medical Center staff and their commitment to serving our communities, and also thank first responders, local businesses and numerous community organizations that have shown their support during these difficult times.”

Sebastian Primary Care

Starleen Schaffer, MD & Jessica Pierce, FNP are proud to announce their expanded services. Non Medicare patients are welcome to participate in a Telehealth appointment. In addition we are proud to announce our New Medicare Practice Model called Primary Care Express. With Primary Care Express services, the provider will come directly to your home or other desired location, it can be outdoors, in your garage, or under your car port etc. The good news is, that there is no additional fees for the patient, this is a Medicare approve visit. During this pandemic, we strongly believe in minimizing contact with other patients, this is the solution to safely obtain the healthcare you deserve. New and existing patients are welcome. Please Call today to schedule your appointment at 772-589-6000.

No Kid Hungry

On March 16th, Holy Cannoli began a program called No Kid Hungry. The goal was to provide a nutritious lunch for any child that would normally receive that lunch at school. When the schools were closed due to COVID-19, it was agreed that something had to be done to fill that void. Since that day that program has been expanded to include any child, as well as any employee of BBRD. To date over 1,000 lunches have been provided through this program.

None of this would have been possible if not for the support of the entire community. From the very first day the generosity of the people of Barefoot Bay has been unbelievable. Every day somebody comes in with more food or money to keep this program going. While we receive and appreciate so much positive feedback and support for starting this valuable service, we could not have done it without the help of all those that helped make it happen. To the many people who have made it possible for us to feed these neighbors, we say thank you. Because of you there is a silver lining in the dark cloud of COVID-19.

Thank you not only from us but from all of the kids that you have helped,

Mike and Rebecca
Holy Cannoli

Quarantine Entertainment

The county is moving forward and doing a great job cleaning out our storm water ditches for the upcoming hurricane season. This is vital for our community, so please do your part by making sure they have access to these areas to help make their job easier.



Professor Points Out 13 Behaviors to Adopt as Society Battles COVID-19

MUNCIE, Indiana – As society digs into its battle against COVID-19, a health researcher at Ball State University recommends behaviors to adapt as soon as possible to avoid illness.

“Our society is more diverse than ever, and we have developed a tolerance for a variety of behaviors due to greater amalgamation of cultures, traditions, etiquettes, and norms,” said Jagdish Khubchandani, a health science professor. “In general, we tend to ignore unhealthy and unsanitary behaviors in the guise of other peoples’ choice, personality type, family habits, or culture.”

“During and after the current pandemic crisis, we need greater awareness, collective action, and common civic behaviors driven by scientific evidence on transmission of emerging infectious disease agents such as coronaviruses. We must also not hesitate from educating or questioning family members, colleagues, and the general public on behaviors that pose danger to self and the society.”

Given the current evidence on mechanisms of transmission and action of COVID-19, Khubchandani offers up 13 behaviors and habits to be embraced:

1. Take regular showers. While people are sheltering in place, some may neglect daily routines, but showering is a must because COVID-19 can live on surfaces for days.
2. Keep your clothes clean. Don’t wear the same clothes for many days. Do laundry frequently.
3. Stop nail biting, thumb sucking, and rubbing eyes.
4. Stop scratching your head, face, or body.
5. Wash fruits and vegetables, and avoid eating them immediately in aisles, stores, or car.
6. Don’t litter the inside and around your house. This could increase risk for household members, while littering around the community can burden the sanitation workers. Recent instances of people throwing used masks and gloves in public places will increase risk for waste management workers and trash pickers.
7. Clean your car. Dispose of leftovers and edibles, trash, masks, and gloves.
8. Maintain hygiene while growing your hair, beard, or nails or using hair and face accessories.
9. Cover your face when you sneeze or cough.
10. Wash your hands after using restrooms, coming back from public places, after grocery shopping, pumping gas, using elevators, or using high traffic door knobs or electric switches.
11. Clean your desk space, cell phone, and computer devices.
12. Don’t rely on carryout or delivery as your sole source of food for every meal every day, and be sure to eat enough and consume healthy foods.
13. Don’t reuse wipes, masks, gloves, and personal care devices without cleaning them.

Medicare Unraveled

Why Use An Agent?

by Nan Thornton, www.nanthornton.com
772-559-2794
and
Lynn Welch, www.welchinsurance.org
772-202-2760
Licensed health insurance agents

What a difference a few weeks make! It was only a few weeks ago that we expected to devote our April and May Tattler articles to explanations of terminology. Now we have changed the topic so that we can be responsive to the pandemic that has gripped us.

We are occasionally asked, "Why should I use an insurance agent?" Good question! Here are some reasons. It is very likely that your insurance agent knows more about Medicare than you, has more resources for conducting research, and has a better understanding of the application process. Typically, agents are supported by entities that ensure compliance with state and federal law. We also have high-powered electronic research capability that makes it possible for us to match your unique needs to available products that meet those needs. Additionally, many of us represent more than one insurance company and therefore, we can offer you choices to meet your needs.

Agent commission is provided by the insurance companies. You do not pay for our annual Medicare reviews or the filing of enrollment documents. Insurance companies charge the same premium for their product whether you use an agent or not. Agents are available to provide service to you after you are enrolled in your chosen plan.

Now, the important reason to use an agent during the pandemic. Many of us are capable of conducting the entire process, from first discussion to the final enrollment electronically. That means you get all the support and assistance you need without leaving the safety and comfort of your home! We do not need to meet in person!

Please stay safe.

A Word from Our Community's Clubs

AMERICAN LEGION AUXILIARY

The American Legion Auxiliary hopes everyone is bearing up under our restrictive conditions. Americans can do whatever it takes to overcome the current virus pandemic. We are the "Land of the free and the home of the brave." Under the present conditions Unit 366 has cancelled all its meetings until October 2020. At that time, we will hold our yearly election of officers. The yearly "Girls State" project has also been cancelled by the Department of Florida. It is with great sadness that this project will not be held until 2021. Unit 366 had two wonderful young ladies excited to go on this adventure in Tallahassee at the seat of government. However, in their college resumes, they will be able to mention that they were chosen to attend this program, but were not able to go due to the restrictions of the current virus shutdown.

On a bright note, our Poppy distribution on March 13 and 14 was very successful and will provide money for our service men and women and veterans. Thanks to all who contributed and volunteered to distribute poppies.

Please adhere to the current restrictions regarding the virus. Stay well and we will be better than ever when this is over. For God and country,

Sue Reddy, 1st vice president

IRISH CLUB

The Irish Club November to April season is over for another year. March carry-out dinners and no picnic in April was a sad way to end the season, but completely necessary for the safety of our members. Please, members, continue to practice safe stay-at-home ways. Stay at home as much as possible and avoid crowds of ten or more.

We will regroup with Frosch Travel near the end of May to determine our next season's day trips and cruises. Hopefully the "troubles" will have passed and we can reset the various trips.

Members, we need to support RJ's Family Restaurant by ordering carry-out breakfast, lunch and dinner as much as possible. It is very important to the Irish club that RJ's stay in business. There aren't many places out there who will cater 200 dinners at a price our club can afford, plus they are wonderful people to work with.

One of the projects that your officers and members at large will be handling over the summer is a study of the club's by-laws. A committee has been formed to study the by-laws and come up with good overall suggestions. Then the officers and at-large committee members will meet and vote on the new by-laws. If members have any by-laws suggestions call Bob Peet at 772-664-9473.

Over the summer months you can call me if the need comes up. Mike Freeman, 814-528-2677.

Everyone headed north or anywhere, please have a safe trip.

Mike Freeman

Ladies' 9 Hole Golf League

March 3, 2020

LOW PUTTS

Flight 1:

1st: Barbara Simone 15
2nd: Suzanne Peterson 16
3rd: Sandy Bent 17

Flight 2:

1st: Catherine Duggan 15
2nd: Mary Ellen Davis 16
3rd: Mary Lou Callahan 17
Bonnie Lynds 17
Barbara Minklein 17

Flight 3:

1st: Pam Rice 14
2nd: Rosemary McCloskey 16
3rd: Anne Marie Brown 17
Denise Kateley 17

Flight 4:

1st: Pat Lussier 14
2nd: Lynn Morey 16
3rd: Judi Elder 18
Kathy Fulton 18
Birdies: #7 - Judi Elder,
#9 - Terri Murphy

March 10, 2020

AQUARINA 1,3,5,7,9

FLIGHT 1:

1st: Priscilla Kaiser 24
2nd: Cindy Shamansky 27
3rd: Rosemary McCloskey 28

Flight 2:

1st: Terri Murphy 26
2nd: Anne Marie Brown 27
3rd: Barbara Martin 28
Lynn Morey 28
Grace Peet 28
Birdie: #15 - Barbara Simone

March 17, 2020

ONE MULLIGAN

Flight 1:

1st: Debbie Oldakowski 41
Joann Price 41
2nd: Roz Byers 45
3rd: Suzanne Peterson 46

Flight 2:

1st: Mary Ellen Davis 46
Catherine Duggan 46
2nd: Mary Draper 47
Rosemary McCloskey 47
Barbara Minklein 47

Flight 3:

1st: Bonnie Lynds 46
2nd: Priscilla Kaiser 47
3rd: Mary Lou Callahan 48
Cindy Shamansky 48

Flight 4:

1st: Grace Peet 47
2nd: Barbara Martin 49
3rd: Lynn Morey 50

March 24, 2020

REGULAR GOLF WITH HANDICAP

Flight 1:

1st: Joann Price 25
2nd: Roz Byers 28
3rd: Sandy Bent 32

Flight 2:

1st: Bonnie Lynds 24
2nd: Mary Lou Callahan 27
3rd: Priscilla Kaiser 30

Flight 3:

1st: Elaine Armstrong 30
2nd: Debbie Ferguson 31
3rd: Grace Peet 32

Flight 4:

1st: Pat Moody 28
2nd: Linda Doran 31
3rd: Claire Cox 32

March 31, 2020

11, 12, and 13

Flight 1:

1st: Joann Price 12
2nd: Roz Byers 13
Catherine Duggan 13

Flight 2:

1st: Mary Lou Callahan 13
Rosemary McCloskey 13
2nd: Tina Husty 14
Pam Rice 14

Flight 3:

1st: Grace Peet 13
2nd: Bonnie Lynds 14
3rd: Anita Little 15

Flight 4:

1st: Debbie Ferguson 12
2nd: Claire Cox 15
3rd: Judi Elder 15
Sheila Johnson 15
Eileen McAuliffe 15

Birdies: #13 - Debbie Ferguson,
#15 - Cindy Shamansky

Men's Golf Association

March 18, 2020

4 Man 3 BestBalls on par 3's, 2 on par 4's

1. Dave Lane, Rickie Smith, Giz Gillen, Dan Strom - 14

2. Ed Angelo, Bruce Amoss, Tom Jackman, Paul Steinhauer - 5

Flight 2

1. Tom Kessler, Bob Ragnone, Jack Trella, Manny Pereira - 10

2. Ed Constantino, Bob Gerzanick, Paul Strom, Andre Bordeau - 10

Flight 3

1. Charly Rauscher, "Fast Eddie" Saska, Jas Sellers, Ed Reardon - 16

2. Charlie Lefebvre, Paul March, Dean Kwek - 12

Closest to the Pin - Tom Rock, Tom Kessler, Billy Stewart

March 25, 2020

Individual Low Net

Flight 1

1. Dave Maslanka - Even
2. Dave Lane - Even

Flight 2

1. Paul Strom - 3
2. Jim Andrews - 2

Flight 3

1. Joe Forsyth - 2
2. Brady Mitchel - 1
Closest to the Pins - None

April 1, 2020

Individual Low Net

Flight 1

1. Paul Shamansky - 1
2. Tom Jackman - 1

Flight 2

1. John Chickadee - 4
2. Dennis Denobile - 3

Flight 3

1. Charlie Lefebvre - 2
2. Joe Dow - 2

April 8, 2020

Quota 50% Handicap

Flight 1

1. Dave McGrath + 3
2. Paul Shamansky - 2

Flight 2

1. Charlie Lefebvre - 2
2. Tom Kessler - 2

Flight 3

1. Steve Morris - 7
2. Dave Wheaton - 8

Snowbirds, Don't Forget!!



You can subscribe to the Tattler and have it sent via First Class Mail to your home in the North for only \$3.50 per month.

664-9381

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